

Prueba 8
20/02/2026

Fem., 400m Libre

Absoluto femenino
Resultados

Puntos: AQUA 2025

Clasificación				AN				Tiempo		INF	JUN	ABS	AQUA
Infantil Femenino													
1.	WOOD MESA, Maria			12	C.N. Metropole			4:52.86		19,00	-	-	519
	100m:	1:08.60	1:08.60	200m:	2:23.27	1:14.67	300m:	3:38.86	1:15.59	400m:	4:52.86	1:14.00	
2.	PISA, Maria Sofia			11	C.N. Metropole			4:57.58		16,00	-	-	494
	100m:	1:10.00	1:10.00	200m:	2:27.09	1:17.09	300m:	3:44.52	1:17.43	400m:	4:57.58	1:13.06	
3.	RODRIGUEZ DIAZ, Maria			11	C.N. Teneteide			5:02.57		14,00	-	6,00	470
	100m:	1:10.59	1:10.59	200m:	2:27.84	1:17.25	300m:	3:46.04	1:18.20	400m:	5:02.57	1:16.53	
4.	RUIZ REYES, Carla			12	C.N. Las Palmas			5:03.09		13,00	-	-	468
	100m:	1:11.03	1:11.03	200m:	2:28.53	1:17.50	300m:	3:46.35	1:17.82	400m:	5:03.09	1:16.74	
5.	PEREZ LOPEZ, Katia			12	C.D.N. Nadamas Santa Ros			5:05.45		12,00	-	1,00	457
	100m:	1:10.44	1:10.44	200m:	2:28.62	1:18.18	300m:	3:47.84	1:19.22	400m:	5:05.45	1:17.61	
6.	MOURE GAO, Natalia			11	C.N. Los Cristianos			5:08.85		11,00	-	-	442
	100m:	1:12.58	1:12.58	200m:	2:30.11	1:17.53	300m:	3:48.97	1:18.86	400m:	5:08.85	1:19.88	
7.	MARTIN MARTIN, Nerea			11	C.D. Nonadamos			5:08.86		10,00	-	-	442
	100m:	1:08.88	1:08.88	200m:	2:28.52	1:19.64	300m:	3:49.58	1:21.06	400m:	5:08.86	1:19.28	
8.	RAMOS GARAY, Andrea			12	C.N. Teneteide			5:10.07		9,00	-	-	437
	100m:	1:12.68	1:12.68	200m:	2:31.94	1:19.26	300m:	3:52.57	1:20.63	400m:	5:10.07	1:17.50	
9.	ROJAS MORALES, Atenea			12	C.N. Teneteide			5:10.90		-	-	-	433
	100m:	1:09.94	1:09.94	200m:	2:28.36	1:18.42	300m:	3:49.47	1:21.11	400m:	5:10.90	1:21.43	
10.	DI BERNARDO, Virginia			11	Cn.Salinas Sta.Lucia			5:14.43		8,00	-	-	419
	100m:	1:13.05	1:13.05	200m:	2:33.91	1:20.86	300m:	3:55.08	1:21.17	400m:	5:14.43	1:19.35	
11.	DIAZ ALVAREZ, Valeria			12	C.N. Martianez Coral Hotels			5:15.04		7,00	-	-	417
	100m:	1:11.93	1:11.93	200m:	2:33.50	1:21.57	300m:	3:56.57	1:23.07	400m:	5:15.04	1:18.47	
12.	LORENZO GONZALEZ, Victoria			12	Esna Lanzarote			5:15.09		6,00	-	-	416
	100m:	1:13.04	1:13.04	200m:	2:33.21	1:20.17	300m:	3:54.76	1:21.55	400m:	5:15.09	1:20.33	
13.	PERERA SOSA, Zayra			12	C.N. Aguacan			5:15.39		5,00	-	-	415
	100m:	1:11.60	1:11.60	200m:	2:33.80	1:22.20	300m:	3:56.54	1:22.74	400m:	5:15.39	1:18.85	
14.	JOVER RODRIGUEZ, Dacil			11	C.N. Metropole			5:15.94		-	-	-	413
	100m:	1:14.47	1:14.47	200m:	2:35.40	1:20.93	300m:	3:57.12	1:21.72	400m:	5:15.94	1:18.82	
15.	GONZALEZ BELON, Elena			12	C.N. Metropole			5:28.27		-	-	-	368
	100m:	1:16.19	1:16.19	200m:	2:40.53	1:24.34	300m:	4:06.07	1:25.54	400m:	5:28.27	1:22.20	
16.	MACHADO SOSA, Candela			12	C.N. Teneteide			5:33.22		-	-	-	352
	100m:	1:18.64	1:18.64	200m:	2:44.63	1:25.99	300m:	4:10.79	1:26.16	400m:	5:33.22	1:22.43	
17.	LEMES BORGES, Noa			12	Esna Lanzarote			5:33.71		4,00	-	-	350
	100m:	1:16.93	1:16.93	200m:	2:42.72	1:25.79	300m:	4:08.42	1:25.70	400m:	5:33.71	1:25.29	
18.	GERSCOVICH PERI, Laia			11	C.N. Metropole			5:34.25		-	-	-	349
	100m:	1:13.10	1:13.10	200m:	2:40.14	1:27.04	300m:	4:09.09	1:28.95	400m:	5:34.25	1:25.16	
19.	GOMEZ RODRIGUEZ, Alba			11	C.N. Aguacan			5:36.12		3,00	-	-	343
	100m:	1:18.33	1:18.33	200m:	2:43.89	1:25.56	300m:	4:11.07	1:27.18	400m:	5:36.12	1:25.05	
NP	PAMPIN ALVARADO, Sara			11	C.N. Metropole					-	-	-	

Prueba 8, Fem., 400m Libre

Junior Femenino

1.	ULIBARRI SANCHEZ, Ines	09	C.N. Las Palmas	4:37.71	- 19,00	16,00	608
	100m: 1:06.41 1:06.41	200m: 2:17.44 1:11.03	300m: 3:28.51 1:11.07	400m: 4:37.71 1:09.20			
2.	AGUIAR ESPINO, Olivia	09	C.N. Metropole	4:41.14	- 16,00	14,00	586
	100m: 1:06.14 1:06.14	200m: 2:17.76 1:11.62	300m: 3:29.33 1:11.57	400m: 4:41.14 1:11.81			
3.	MEJIAS INGLOTT, Valeria	08	C.N. Las Palmas	4:45.90	- 14,00	-	558
	100m: 1:07.79 1:07.79	200m: 2:20.97 1:13.18	300m: 3:34.85 1:13.88	400m: 4:45.90 1:11.05			
4.	BENITEZ BRITO, Ana	10	C.N. Metropole	4:48.18	- 13,00	12,00	544
	100m: 1:06.35 1:06.35	200m: 2:18.63 1:12.28	300m: 3:32.96 1:14.33	400m: 4:48.18 1:15.22			
5.	PETE SANUDO, Gala	09	C.D.N. Baja Larga	4:55.22	- 12,00	10,00	506
	100m: 1:07.16 1:07.16	200m: 2:21.89 1:14.73	300m: 3:38.77 1:16.88	400m: 4:55.22 1:16.45			
6.	DUQUE BROUARD, Elena	10	C.B. Dominicas Vistabella	4:55.48	- 11,00	9,00	505
	100m: 1:09.11 1:09.11	200m: 2:23.92 1:14.81	300m: 3:39.70 1:15.78	400m: 4:55.48 1:15.78			
7.	QUINTANA SUAREZ, Miriam	10	Club Deportivo Agaeterun	4:58.25	- 10,00	7,00	491
	100m: 1:10.24 1:10.24	200m: 2:26.23 1:15.99	300m: 3:43.11 1:16.88	400m: 4:58.25 1:15.14			
8.	SCARPA, Barbara	08	C.N. Martianez Coral Hotels	5:02.60	- 9,00	5,00	470
	100m: 1:08.89 1:08.89	200m: 2:25.69 1:16.80	300m: 3:44.86 1:19.17	400m: 5:02.60 1:17.74			
9.	SUAREZ MACIAS, Gabriela	09	C.N. Aguacan	5:02.93	- 8,00	4,00	469
	100m: 1:09.36 1:09.36	200m: 2:25.98 1:16.62	300m: 3:45.19 1:19.21	400m: 5:02.93 1:17.74			
10.	LOPEZ SOSA, Carla	09	Cn.Salinas Sta.Lucia	5:03.34	- 7,00	3,00	467
	100m: 1:11.31 1:11.31	200m: 2:28.55 1:17.24	300m: 3:46.88 1:18.33	400m: 5:03.34 1:16.46			
11.	SASU BODARNEA, Natalia Emilia	08	C.D.N. Nadamas Santa Rosa	5:03.39	- 6,00	2,00	466
	100m: 1:10.85 1:10.85	200m: 2:28.93 1:18.08	300m: 3:47.29 1:18.36	400m: 5:03.39 1:16.10			
12.	REINA LLAMAS, Arwen	08	C.N. Teneteide	5:35.36	- 5,00	-	345
	100m: 1:14.78 1:14.78	200m: 2:40.71 1:25.93	300m: 4:08.79 1:28.08	400m: 5:35.36 1:26.57			

Absoluto femenino

1.	DENBY, Kennedy Hope	05	C.N. Las Palmas	4:37.16	-	- 19,00	612
	100m: 1:06.13 1:06.13	200m: 2:17.45 1:11.32	300m: 3:28.43 1:10.98	400m: 4:37.16 1:08.73			
2.	ULIBARRI SANCHEZ, Ines	09	C.N. Las Palmas	4:37.71	- 19,00	16,00	608
	100m: 1:06.41 1:06.41	200m: 2:17.44 1:11.03	300m: 3:28.51 1:11.07	400m: 4:37.71 1:09.20			
3.	AGUIAR ESPINO, Olivia	09	C.N. Metropole	4:41.14	- 16,00	14,00	586
	100m: 1:06.14 1:06.14	200m: 2:17.76 1:11.62	300m: 3:29.33 1:11.57	400m: 4:41.14 1:11.81			
4.	RUIZ REYES, Raquel	07	C.N. Las Palmas	4:45.82	-	-	558
	100m: 1:07.52 1:07.52	200m: 2:20.20 1:12.68	300m: 3:33.78 1:13.58	400m: 4:45.82 1:12.04			
5.	MEJIAS INGLOTT, Valeria	08	C.N. Las Palmas	4:45.90	- 14,00	-	558
	100m: 1:07.79 1:07.79	200m: 2:20.97 1:13.18	300m: 3:34.85 1:13.88	400m: 4:45.90 1:11.05			
6.	SOSA HERNANDEZ, Andrea Esther	04	C.N. Martianez Coral Hotels	4:46.47	-	- 13,00	554
	100m: 1:06.82 1:06.82	200m: 2:18.76 1:11.94	300m: 3:32.45 1:13.69	400m: 4:46.47 1:14.02			
7.	BENITEZ BRITO, Ana	10	C.N. Metropole	4:48.18	- 13,00	12,00	544
	100m: 1:06.35 1:06.35	200m: 2:18.63 1:12.28	300m: 3:32.96 1:14.33	400m: 4:48.18 1:15.22			
8.	EXPOSITO AFONSO, Maria	02	C.N. Teneteide	4:52.35	-	- 11,00	521
	100m: 1:09.52 1:09.52	200m: 2:23.79 1:14.27	300m: 3:38.78 1:14.99	400m: 4:52.35 1:13.57			
9.	WOOD MESA, Maria	12	C.N. Metropole	4:52.86	19,00	-	519
	100m: 1:08.60 1:08.60	200m: 2:23.27 1:14.67	300m: 3:38.86 1:15.59	400m: 4:52.86 1:14.00			
10.	PETE SANUDO, Gala	09	C.D.N. Baja Larga	4:55.22	- 12,00	10,00	506
	100m: 1:07.16 1:07.16	200m: 2:21.89 1:14.73	300m: 3:38.77 1:16.88	400m: 4:55.22 1:16.45			

Prueba 8, Fem., 400m Libre, Absoluto femenino

Clasificación					AN					Tiempo	INF	JUN	ABS	AQUA
11.	DUQUE BROUARD, Elena	100m: 1:09.11	1:09.11	200m: 2:23.92	10	C.B. Dominicas Vistabella	1:14.81	300m: 3:39.70	1:15.78	400m: 4:55.48	-	11,00	9,00	505
12.	DE CASTRO URQUIOLA, Helena	100m: 1:07.57	1:07.57	200m: 2:21.51	04	C.N. Aguacan	1:13.94	300m: 3:39.43	1:17.92	400m: 4:57.36	-	-	8,00	495
13.	PISA, Maria Sofia	100m: 1:10.00	1:10.00	200m: 2:27.09	11	C.N. Metropole	1:17.09	300m: 3:44.52	1:17.43	400m: 4:57.58	16,00	-	-	494
14.	QUINTANA SUAREZ, Miriam	100m: 1:10.24	1:10.24	200m: 2:26.23	10	Club Deportivo Agaeterun	1:15.99	300m: 3:43.11	1:16.88	400m: 4:58.25	-	10,00	7,00	491
15.	RODRIGUEZ DIAZ, Maria	100m: 1:10.59	1:10.59	200m: 2:27.84	11	C.N. Teneteide	1:17.25	300m: 3:46.04	1:18.20	400m: 5:02.57	14,00	-	6,00	470
16.	SCARPA, Barbara	100m: 1:08.89	1:08.89	200m: 2:25.69	08	C.N. Martianez Coral Hotels	1:16.80	300m: 3:44.86	1:19.17	400m: 5:02.60	-	9,00	5,00	470
17.	SUAREZ MACIAS, Gabriela	100m: 1:09.36	1:09.36	200m: 2:25.98	09	C.N. Aguacan	1:16.62	300m: 3:45.19	1:19.21	400m: 5:02.93	-	8,00	4,00	469
18.	RUIZ REYES, Carla	100m: 1:11.03	1:11.03	200m: 2:28.53	12	C.N. Las Palmas	1:17.50	300m: 3:46.35	1:17.82	400m: 5:03.09	13,00	-	-	468
19.	LOPEZ SOSA, Carla	100m: 1:11.31	1:11.31	200m: 2:28.55	09	Cn.Salinas Sta.Lucia	1:17.24	300m: 3:46.88	1:18.33	400m: 5:03.34	-	7,00	3,00	467
20.	SASU BODARNEA, Natalia Emilia	100m: 1:10.85	1:10.85	200m: 2:28.93	08	C.D.N. Nadamas Santa Ros	1:18.08	300m: 3:47.29	1:18.36	400m: 5:03.39	-	6,00	2,00	466
21.	PEREZ LOPEZ, Katia	100m: 1:10.44	1:10.44	200m: 2:28.62	12	C.D.N. Nadamas Santa Ros	1:18.18	300m: 3:47.84	1:19.22	400m: 5:05.45	12,00	-	1,00	457
22.	MOURE GAO, Natalia	100m: 1:12.58	1:12.58	200m: 2:30.11	11	C.N. Los Cristianos	1:17.53	300m: 3:48.97	1:18.86	400m: 5:08.85	11,00	-	-	442
23.	MARTIN MARTIN, Nerea	100m: 1:08.88	1:08.88	200m: 2:28.52	11	C.D. Nonadamos	1:19.64	300m: 3:49.58	1:21.06	400m: 5:08.86	10,00	-	-	442
24.	RAMOS GARAY, Andrea	100m: 1:12.68	1:12.68	200m: 2:31.94	12	C.N. Teneteide	1:19.26	300m: 3:52.57	1:20.63	400m: 5:10.07	9,00	-	-	437
25.	ROJAS MORALES, Atenea	100m: 1:09.94	1:09.94	200m: 2:28.36	12	C.N. Teneteide	1:18.42	300m: 3:49.47	1:21.11	400m: 5:10.90	-	-	-	433
26.	DI BERNARDO, Virginia	100m: 1:13.05	1:13.05	200m: 2:33.91	11	Cn.Salinas Sta.Lucia	1:20.86	300m: 3:55.08	1:21.17	400m: 5:14.43	8,00	-	-	419
27.	DIAZ ALVAREZ, Valeria	100m: 1:11.93	1:11.93	200m: 2:33.50	12	C.N. Martianez Coral Hotels	1:21.57	300m: 3:56.57	1:23.07	400m: 5:15.04	7,00	-	-	417
28.	LORENZO GONZALEZ, Victoria	100m: 1:13.04	1:13.04	200m: 2:33.21	12	Esna Lanzarote	1:20.17	300m: 3:54.76	1:21.55	400m: 5:15.09	6,00	-	-	416
29.	PERERA SOSA, Zayra	100m: 1:11.60	1:11.60	200m: 2:33.80	12	C.N. Aguacan	1:22.20	300m: 3:56.54	1:22.74	400m: 5:15.39	5,00	-	-	415
30.	JOVER RODRIGUEZ, Dacil	100m: 1:14.47	1:14.47	200m: 2:35.40	11	C.N. Metropole	1:20.93	300m: 3:57.12	1:21.72	400m: 5:15.94	-	-	-	413
31.	GONZALEZ BELON, Elena	100m: 1:16.19	1:16.19	200m: 2:40.53	12	C.N. Metropole	1:24.34	300m: 4:06.07	1:25.54	400m: 5:28.27	-	-	-	368
32.	MACHADO SOSA, Candela	100m: 1:18.64	1:18.64	200m: 2:44.63	12	C.N. Teneteide	1:25.99	300m: 4:10.79	1:26.16	400m: 5:33.22	-	-	-	352
33.	LEMES BORGES, Noa	100m: 1:16.93	1:16.93	200m: 2:42.72	12	Esna Lanzarote	1:25.79	300m: 4:08.42	1:25.70	400m: 5:33.71	4,00	-	-	350

Prueba 8, Fem., 400m Libre, Absoluto femenino

Clasificación	AN		Tiempo		INF	JUN	ABS	AQUA
34. GERSCOVICH PERI, Laia	11	C.N. Metropole	5:34.25	-	-	-	-	349
100m: 1:13.10 1:13.10	200m: 2:40.14 1:27.04	300m: 4:09.09 1:28.95	400m: 5:34.25 1:25.16					
35. REINA LLAMAS, Arwen	08	C.N. Teneteide	5:35.36	-	5,00	-	-	345
100m: 1:14.78 1:14.78	200m: 2:40.71 1:25.93	300m: 4:08.79 1:28.08	400m: 5:35.36 1:26.57					
36. GOMEZ RODRIGUEZ, Alba	11	C.N. Aguacan	5:36.12	3,00	-	-	-	343
100m: 1:18.33 1:18.33	200m: 2:43.89 1:25.56	300m: 4:11.07 1:27.18	400m: 5:36.12 1:25.05					
NP PAMPIN ALVARADO, Sara	11	C.N. Metropole		-	-	-	-	